

Smiltene TRIATHLON, 19.07.2020

DUE TO GLOBAL SITUATION WITH COVID-19, ORGANIZERS HAVE MADE A DECISION TO POSTPONE THE REGISTRATION PROCESS FOR THE RACE. WE ARE FOLLOWING THE DEVELOPMENTS ON SITUATION AND WILL KEEP AN UPDATE ON PLANNED COMPETITION.

Race center: Recreation and sports complex "Teperis"

Event program:

- Latvian Triathlon Championship in sprint distance (750m + 20km + 5km)
- Half-Ironman Race (1.9km + 90km + 21.1km, individual + relay)
- Short distance Triathlon (250m + 10km + 2.5km)
- Youth Triathlon (100m + 3km + 500m)
- Children's Triathlon (symbolic distance)

Event Organizer:

- Smiltene Sports Center and Valmiera Sports Club "Burkānciems & Co"
- In cooperation with Latvian Triathlon Federation

Half-Ironman Distance:

- Swim: lake Teperis, 2 laps x 950m, total 1.9km
- Bike: out and back loop on road Smiltene-Strenči, 45km lap x 2, total 90km. The route is basically flat and fast
- Run: nearby park of lake Teperis and along the road to lake Niedrājs, 3 laps x 7km, total 21.1km

Sprint Triathlon Distance:

- Swim: lake Teperis, 1 lap x 750m
- Bike: along the road to lake Niedrājs, 4 laps x 5km, total 20km
- Run: nearby park of lake Teperis, 2 laps x 2.5km, total 5km

Short distance Triathlon:

- Swim: lake Teperis, 1 lap x 250m
- Bike: along the road to lake Niedrājs, 2 laps x 5km, total 10km
- Run: nearby park of lake Teperis, 1 lap x 2.5km

Entry fee and registration:

- Half-Ironman entry fee: 50eur for individual, 60eur for relay
- Sprint and Short distance Triathlon Entry Fee: 7-12eur, depending on age group
- Children's Triathlon entry fee: 4eur
- Registration starts from: INFORMATION WILL FOLLOW

Additional info:

- Full race regulations and daily program will be published on: INFORMATION WILL FOLLOW
- More information on Half-Ironman: Jānis Melbārdis, 26333814
- More information on Sprint distance: Jānis Ozoliņš, 27875364

- web: www.bciems.lv

- Facebook: <https://www.facebook.com/events/577700782781994/>