

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
2	52	F40	Antra ROGA	Half-Ironman: 1,9km + 90km + 21,1km	34:02.2 (1)	35:20.1 (1)	2h04:30.5 (1)	3h38:08.0 (1)		3h38:08.5 (1)	3h39:28.2 (1)	4h21:56.3 (1)	5h08:25.7 (2)	5h56:18.4	20:51.4

Grupa: M40 / Distance: Half-Ironman: 1,9km + 90km + 21,1km

1	41	M40	Igors GUCANOVIČS	Half-Ironman: 1,9km + 90km + 21,1km	26:30.6 (1)	27:21.4 (1)	1h34:41.0 (1)	2h44:45.0 (1)		2h44:45.4 (1)	2h45:38.3 (1)	3h15:56.1 (1)	3h47:05.3 (1)	4h18:14.9	
2	36	M40	Anatolijs MACUKS	Half-Ironman: 1,9km + 90km + 21,1km	34:44.0 (6)	35:54.1 (6)	1h47:11.9 (4)	3h00:19.0 (4)		3h00:19.6 (4)	3h01:17.2 (4)	3h27:59.4 (4)	3h56:35.0 (2)	4h25:35.3	7:20.4
3	47	M40	Vadims POPOVS	Half-Ironman: 1,9km + 90km + 21,1km	29:04.8 (2)	30:02.7 (3)	1h41:33.6 (3)	2h54:46.0 (3)		2h54:46.3 (3)	2h55:57.1 (3)	3h24:59.9 (2)	3h57:18.6 (3)	4h29:14.7	10:59.8
4	21	M40	Artis DĀVIDNIEKS	Half-Ironman: 1,9km + 90km + 21,1km	29:26.6 (3)	30:39.6 (3)	1h41:13.5 (2)	2h54:26.0 (2)		2h54:26.3 (2)	2h55:15.3 (2)	3h25:12.9 (3)	3h58:03.8 (4)	4h31:01.8	12:46.9
5	29	M40	Matīss VECVAGARIS	Half-Ironman: 1,9km + 90km + 21,1km	42:15.9 (16)	44:07.3 (15)	2h01:38.3 (15)	3h22:36.0 (14)		3h22:36.0 (14)	3h23:30.8 (13)	3h54:18.8 (9)	4h24:12.2 (6)	4h54:28.1	36:13.2
6	49	M40	Gints BUKOVSKIS	Half-Ironman: 1,9km + 90km + 21,1km	38:47.6 (12)	40:07.2 (12)	1h49:14.0 (5)	3h01:43.0 (5)		3h01:43.8 (5)	3h02:56.1 (5)	3h38:01.3 (5)	4h17:24.3 (5)	4h57:33.2	39:18.3
7	57	M40	Andris LAGANOVSKIS	Half-Ironman: 1,9km + 90km + 21,1km										5h02:54.0	44:39.1
8	10	M40	Igors GELETKO	Half-Ironman: 1,9km + 90km + 21,1km	34:59.8 (7)	37:20.3 (10)	1h53:12.5 (8)	3h14:45.0 (9)		3h14:45.0 (9)	3h16:28.1 (10)	3h51:03.0 (7)	4h27:07.8 (7)	5h04:19.1	46:04.2
9	55	M40	Juris JANSONS	Half-Ironman: 1,9km + 90km + 21,1km	35:20.1 (10)	36:40.8 (8)	1h54:22.9 (9)	3h15:16.0 (10)		3h15:16.4 (10)	3h16:13.4 (9)	3h50:40.0 (6)	4h27:47.8 (8)	5h06:33.5	48:18.6
10	42	M40	Aleksejs BELOKOPITOVŠ	Half-Ironman: 1,9km + 90km + 21,1km	41:02.1 (14)	42:54.0 (14)	1h58:18.1 (12)	3h12:09.0 (7)		3h12:09.7 (7)	3h13:47.5 (7)	3h51:22.1 (8)	4h29:52.5 (9)	5h08:00.7	49:45.8
11	23	M40	Urmars PAEJĀRV	Half-Ironman: 1,9km + 90km + 21,1km	35:11.2 (8)	36:31.6 (7)	1h57:31.2 (11)	3h21:17.0 (12)		3h21:17.0 (12)	3h21:56.1 (11)	3h56:02.9 (10)	4h33:47.9 (10)	5h14:42.4	56:27.5
12	33	M40	Valerijs KULICKIS	Half-Ironman: 1,9km + 90km + 21,1km	32:36.8 (5)	34:20.7 (5)	1h55:58.8 (10)	3h20:29.0 (11)		3h20:29.7 (11)	3h22:20.7 (12)	3h59:07.2 (12)	4h39:19.4 (11)	5h19:19.3	1h01:04.4
13	16	M40	Guntars AKMANS	Half-Ironman: 1,9km + 90km + 21,1km	44:42.6 (18)	46:18.1 (17)	2h11:58.4 (17)	3h40:23.0 (18)		3h40:23.1 (18)	3h41:59.9 (18)	4h05:05.0 (14)	4h53:23.0 (14)	5h29:59.2	1h11:44.3
14	60	M40	Marko LEIBENAU	Half-Ironman: 1,9km + 90km + 21,1km	44:10.3 (17)	47:08.0 (18)	2h12:10.5 (18)	3h38:11.0 (17)		3h38:11.2 (17)	3h40:53.2 (17)	4h16:03.1 (17)	4h53:24.9 (15)	5h30:56.6	1h12:41.7
15	20	M40	Edgars RIEKSTIŅŠ	Half-Ironman: 1,9km + 90km + 21,1km	32:07.7 (4)	33:30.9 (4)	1h50:13.0 (6)	3h13:33.0 (8)		3h13:33.4 (8)	3h14:43.2 (8)	3h56:05.1 (11)	4h43:36.9 (12)	5h32:52.6	1h14:37.7
16	61	M40	Armands ROZENBERGS	Half-Ironman: 1,9km + 90km + 21,1km	39:44.3 (13)	42:50.9 (13)	2h00:07.4 (13)	3h21:24.0 (13)		3h21:24.2 (13)	3h24:09.1 (14)	4h11:05.0 (15)	4h49:01.6 (13)	5h44:36.0	1h26:21.1
17	7	M40	Gints TRĒZIŅŠ	Half-Ironman: 1,9km + 90km + 21,1km	35:11.9 (9)	37:12.7 (9)	2h00:44.5 (14)	3h34:05.0 (15)		3h34:05.3 (15)	3h35:20.1 (15)	4h12:20.2 (16)	5h03:30.1 (17)	5h48:25.2	1h30:10.3
18	8	M40	Juris ŠČERBICKIS	Half-Ironman: 1,9km + 90km + 21,1km	35:57.9 (11)	38:17.2 (11)	1h52:48.1 (7)	3h10:37.0 (6)		3h10:37.7 (6)	3h12:35.7 (6)	4h02:06.7 (13)	4h57:18.4 (16)	5h49:05.0	1h30:50.1
19	50	M40	Andris DIMANTS	Half-Ironman: 1,9km + 90km + 21,1km	41:50.8 (15)	44:25.0 (16)	2h08:48.0 (16)	3h36:13.0 (16)		3h36:13.4 (16)	3h38:27.4 (16)	4h21:41.8 (18)	5h10:14.0 (18)	5h57:53.0	1h39:38.1

Did Not Start (1)

2	M40	Dzintars KALNIŅŠ	Half-Ironman: 1,9km + 90km + 21,1km
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Did Not Finish (2)

34	M40	Aleksandrs LOBANOVS	Half-Ironman: 1,9km + 90km + 21,1km
58	M40	Kāris SĀLĪJUMS	Half-Ironman: 1,9km + 90km + 21,1km

Grupa: M50 / Distance: Half-Ironman: 1,9km + 90km + 21,1km

1	4	M50	Raimonds VASILJEVS	Half-Ironman: 1,9km + 90km + 21,1km	39:01.7 (2)	40:39.1 (2)	1h53:20.0 (2)	3h06:30.0 (2)		3h06:30.3 (2)	3h08:24.5 (2)	3h42:11.3 (2)	4h16:30.0 (1)	4h51:59.7	
2	44	M50	Mārt LĀĀTS	Half-Ironman: 1,9km + 90km + 21,1km	31:34.3 (1)	33:20.5 (1)	1h45:03.4 (1)	2h57:50.0 (1)		2h57:50.8 (1)	2h59:41.5 (1)	3h40:00.4 (1)	4h22:47.8 (2)	5h06:11.0	14:11.3
3	45	M50	Vjačeslavs GAJEVSKIS	Half-Ironman: 1,9km + 90km + 21,1km	39:40.2 (3)	41:45.2 (3)	2h02:58.6 (3)	3h30:00.0 (3)		3h30:00.8 (3)	3h30:55.1 (3)	4h08:51.3 (3)	4h49:45.8 (3)	5h32:11.6	40:11.9
4	3	M50	Juris GRODNIS	Half-Ironman: 1,9km + 90km + 21,1km	42:17.2 (4)	44:17.8 (4)	2h11:43.9 (4)	3h46:44.0 (4)		3h46:44.8 (4)	3h49:43.2 (4)	4h33:03.2 (4)	5h24:30.6 (4)	6h14:15.4	1h22:15.7

Did Not Finish (2)

12	M50	Andis BRUCIS	Half-Ironman: 1,9km + 90km + 21,1km
43	M50	Aivars UZOLS	Half-Ironman: 1,9km + 90km + 21,1km

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
F11															
1	408	F11	Eliza GUSTIŅA	LČ Jaunieši: 100m + 3km + 500m	2:20.6 (5)	2:59.7 (5)				10:02.3 (2)	10:25.6 (1)			12:27.6	
2	413	F11	Elza EIHMANE	LČ Jaunieši: 100m + 3km + 500m	2:10.1 (3)	2:40.6 (2)				10:03.7 (3)	10:30.1 (2)			12:39.7	12.1
3	401	F11	Kate SKUJIŅA	LČ Jaunieši: 100m + 3km + 500m	2:25.5 (6)	3:04.3 (6)				10:07.8 (4)	10:31.0 (3)			12:51.0	23.4
4	419	F11	Darja GUBINA	LČ Jaunieši: 100m + 3km + 500m	2:15.1 (4)	2:56.6 (3)				10:11.1 (5)	10:43.4 (4)			13:09.6	42.0
5	417	F11	Nadežda SULAINĒ	LČ Jaunieši: 100m + 3km + 500m	2:05.5 (2)	2:34.7 (1)				10:01.7 (1)	10:44.2 (5)			13:12.0	44.4
6	405	F11	Evelīna VĪTIŅA	LČ Jaunieši: 100m + 3km + 500m	2:52.3 (7)	3:51.1 (7)				12:04.0 (7)	12:28.1 (7)			14:50.7	2:23.1
7	418	F11	Beāte ZIEDIŅA	LČ Jaunieši: 100m + 3km + 500m	2:04.8 (1)	2:58.3 (4)				11:53.6 (6)	12:23.5 (6)			15:31.3	3:03.7

F13															
1	213	F13	Beate JANSONE	LČ sprints Iša distance: 250m + 10km	4:56.3 (1)	5:44.7 (2)	14:47.7 (1)			24:28.8 (1)	24:55.1 (1)			34:46.0	
2	210	F13	Karolina BULKO	LČ sprints Iša distance: 250m + 10km	4:59.1 (2)	5:41.9 (1)	14:50.4 (2)	24:04.8 (1)		24:55.2 (2)	25:26.3 (2)			36:45.6	1:59.6
3	205	F13	Marta Luīze PĒTERSONE	LČ sprints Iša distance: 250m + 10km	6:41.2 (4)	7:26.0 (4)	17:16.6 (3)	26:30.6 (2)		27:21.5 (3)	27:45.3 (3)			38:02.2	3:16.2
4	239	F13	Amēlija Nikola VĪKSNA	LČ sprints Iša distance: 250m + 10km	6:03.2 (3)	7:20.0 (3)	20:37.1 (4)	34:14.5 (3)		35:07.8 (4)	35:42.5 (4)			53:16.1	18:30.1

F15															
1	232	F15	Līga KUROŠA	LČ sprints Iša distance: 250m + 10km	5:26.6 (1)	6:21.6 (1)	17:02.2 (2)	27:48.6 (2)		28:47.9 (2)	29:38.3 (2)			41:17.1	
2	234	F15	Ļubomila ABRAMOVA	LČ sprints Iša distance: 250m + 10km	5:37.7 (2)	6:37.6 (2)	16:46.8 (1)	26:49.1 (1)		27:43.6 (1)	28:15.0 (1)			43:19.7	2:02.6
3	218	F15	Anna ŠČERBICKA	LČ sprints Iša distance: 250m + 10km	9:37.2 (3)	11:36.6 (3)	23:45.9 (3)	36:09.9 (3)		37:12.5 (3)	37:41.6 (3)			55:51.6	14:34.5

F17															
1	135	F17	Darija BEĻEVIČA	LČ sprints: 750m + 20km + 5km	14:28.3 (2)	15:49.6 (3)	25:03.1 (3)	34:05.0 (3)	42:39.6 (2)	52:35.2 (2)	53:15.5 (2)	1h05:05.2 (1)		1h17:36.1	
2	173	F17	Linda EIHMANE	LČ sprints: 750m + 20km + 5km	14:36.4 (3)	15:04.6 (2)	24:12.6 (2)	32:50.1 (1)	41:49.0 (1)	51:42.2 (1)	52:08.7 (1)	1h06:10.4 (2)		1h21:23.8	3:47.7
3	115	F17	Elza ŠĪPKOVA	LČ sprints: 750m + 20km + 5km	13:13.0 (1)	13:46.8 (1)	24:07.4 (1)	33:27.2 (2)	43:45.2 (3)	55:05.4 (3)	55:42.7 (3)	1h12:29.6 (3)		1h28:56.9	11:20.8

Did Not Start (1)

156	F17	Polina KRASIKOVA	LČ sprints: 750m + 20km + 5km												
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F19															
1	131	F19	Kristiāna MASKAVA	LČ sprints: 750m + 20km + 5km	12:27.2 (1)	13:00.2 (1)	22:19.3 (1)	30:46.2 (1)	39:16.8 (1)	48:49.3 (1)	49:17.5 (1)	1h00:17.3 (1)		1h11:45.7	
2	165	F19	Eliza ZVĪGULE	LČ sprints: 750m + 20km + 5km	13:55.5 (3)	14:32.3 (2)	24:14.4 (3)	32:51.5 (2)	41:50.4 (2)	51:47.1 (2)	52:17.7 (2)	1h04:55.1 (2)		1h17:33.8	5:48.1
3	136	F19	Sofija DANĪLEVIČA	LČ sprints: 750m + 20km + 5km	13:48.0 (2)	14:45.9 (3)	24:13.8 (2)	34:06.6 (3)	44:33.5 (3)	56:12.6 (3)	56:51.6 (3)	1h10:32.3 (3)		1h25:08.0	13:22.3

F50															
1	222	F50	Kaja TĀTTAR	LČ sprints Iša distance: 250m + 10km	7:45.0 (1)	8:37.2 (1)	18:29.2 (1)	28:05.5 (1)		29:01.8 (1)	29:28.5 (1)			43:19.7	

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
2	237	F50	Monika LEMESE	LČ sprints Iša distance: 250m + 10km	8:01.8 (3)	8:59.3 (2)	19:06.8 (2)	28:36.9 (2)		29:45.8 (2)	31:30.4 (2)			46:20.8	3:01.1
3	236	F50	Ineta AULIKA	LČ sprints Iša distance: 250m + 10km	8:01.0 (2)	9:23.9 (3)	19:52.9 (3)	29:49.4 (3)		30:47.3 (3)	31:51.1 (3)			47:34.4	4:14.7

F9

1	407	F9	Marta GUSTIŅA	LČ Jaunieši: 100m + 3km + 500m	2:52.3 (2)	3:41.5 (1)				11:52.0 (1)	12:22.8 (1)			14:39.5	
2	421	F9	Lea TREIGUTE	LČ Jaunieši: 100m + 3km + 500m	2:45.4 (1)	3:54.0 (2)				14:12.0 (2)	15:00.3 (2)			18:04.9	3:25.4
3	424	F9	Elisabeth EGGERT	LČ Jaunieši: 100m + 3km + 500m	3:04.7 (3)	5:35.2 (4)				15:54.2 (3)	16:31.4 (3)			19:45.2	5:05.7
4	422	F9	Elizabete NIČIPORE	LČ Jaunieši: 100m + 3km + 500m	3:31.9 (4)	5:28.8 (3)				16:58.2 (4)	17:33.3 (4)			21:19.1	6:39.6

Did Not Finish (1)

409	F9	Keita PITKA	LČ Jaunieši: 100m + 3km + 500m												
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FO

1	332	FO	Violeta LEVINOKA	Tautas triatlons: 250m + 10km + 2.5km	5:36.0 (1)	6:09.6 (1)	15:58.6 (1)	24:50.2 (1)		25:44.7 (1)	26:18.8 (1)			38:02.7	
2	304	FO	Madara CIEMIŅA	Tautas triatlons: 250m + 10km + 2.5km	7:33.8 (4)	8:30.0 (2)	18:21.1 (2)	27:27.9 (2)		28:19.5 (2)	28:47.3 (2)			41:09.6	3:06.9
3	305	FO	Iveta KAZAINE	Tautas triatlons: 250m + 10km + 2.5km	7:53.2 (7)	8:54.8 (4)	18:39.3 (3)	28:00.8 (3)		28:56.9 (3)	29:25.5 (3)			41:40.8	3:38.1
4	310	FO	Jeļena DOMBROVSKA	Tautas triatlons: 250m + 10km + 2.5km	7:43.0 (5)	9:08.7 (5)	19:58.4 (5)	30:30.4 (6)		31:32.3 (6)	32:35.9 (6)			45:38.0	7:35.3
5	327	FO	Monta VIKŠTĒMA	Tautas triatlons: 250m + 10km + 2.5km	8:40.7 (8)	10:17.9 (7)	20:20.8 (6)	29:49.5 (5)		31:00.2 (5)	32:03.3 (5)			46:07.6	8:04.9
6	345	FO	Ieva APINE	Tautas triatlons: 250m + 10km + 2.5km	6:58.8 (2)	8:39.8 (3)	19:06.1 (4)	29:18.7 (4)		30:17.0 (4)	31:33.6 (4)			46:10.7	8:08.0
7	323	FO	Ivīta PĒRLE	Tautas triatlons: 250m + 10km + 2.5km	7:22.5 (3)	9:32.7 (6)	21:49.7 (7)	34:16.5 (8)		35:15.5 (8)	35:58.8 (7)			52:02.3	13:59.6
8	314	FO	Sandra FELDMANE	Tautas triatlons: 250m + 10km + 2.5km	7:44.5 (6)	11:05.0 (8)	22:26.7 (8)	33:53.7 (7)		35:12.6 (7)	37:00.3 (8)			53:45.1	15:42.4

Did Not Start (1)

322	FO	Diāna SPIRIDOVSKA	Tautas triatlons: 250m + 10km + 2.5km												
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M11

1	402	M11	Valts SKUJIŅŠ	LČ Jaunieši: 100m + 3km + 500m	2:12.6 (1)	2:55.1 (2)				9:58.2 (1)	10:20.4 (1)			12:26.0	
2	406	M11	Klāvs DŪZIS	LČ Jaunieši: 100m + 3km + 500m	2:19.6 (2)	2:54.0 (1)				10:09.7 (2)	10:30.8 (2)			12:42.8	16.8
3	403	M11	Roberts STRAUBERGS	LČ Jaunieši: 100m + 3km + 500m	2:52.2 (6)	3:31.0 (6)				10:52.6 (4)	11:14.7 (4)			13:16.9	50.9
4	412	M11	Artūrs Ričards OZOLIŅŠ	LČ Jaunieši: 100m + 3km + 500m	2:19.9 (3)	2:57.4 (3)				10:36.1 (3)	11:08.7 (3)			13:18.9	52.9
5	416	M11	Everts PIKŠĒNS	LČ Jaunieši: 100m + 3km + 500m	2:21.7 (4)	3:19.8 (5)				10:55.9 (6)	11:47.4 (6)			14:00.5	1:34.5
5	410	M11	Daniels DOLGOVS	LČ Jaunieši: 100m + 3km + 500m	2:28.0 (5)	3:07.1 (4)				10:54.0 (5)	11:20.2 (5)			14:00.5	1:34.5
7	420	M11	Gustavs KAUFMANIS	LČ Jaunieši: 100m + 3km + 500m	3:44.4 (9)	5:22.2 (8)				14:22.8 (7)	15:03.5 (7)			18:42.2	6:16.2
8	425	M11	Maksims GUSTONS_KUKS	LČ Jaunieši: 100m + 3km + 500m	2:57.1 (7)	4:41.3 (7)				15:04.7 (9)	15:51.8 (9)			19:11.4	6:45.4
9	426	M11	Gatis KALVEITS	LČ Jaunieši: 100m + 3km + 500m	3:18.7 (8)	5:23.3 (9)				14:48.4 (8)	15:47.7 (8)			19:22.0	6:56.0
10	423	M11	Dmitry LEBEDEV	LČ Jaunieši: 100m + 3km + 500m										19:50.7	7:24.7

Did Not Start (2)

245	M11	Maksims GUSTONS-KUKS	LČ sprints Iša distance: 250m + 10km												
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Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
246	M11		Gatis KALVEITS	LČ sprints Isā distance: 250m + 10km											

M13

1	208	M13	Miks MEJERS	LČ sprints Isā distance: 250m + 10km	4:41.2 (3)	5:16.5 (3)	14:17.4 (1)	22:32.5 (2)		23:20.1 (2)	23:46.7 (1)			33:29.5	
2	235	M13	Valērijs BARINOVŠ	LČ sprints Isā distance: 250m + 10km	4:31.1 (1)	5:15.1 (2)	14:32.6 (2)	22:31.9 (1)		23:18.6 (1)	24:00.0 (2)			35:25.6	1:56.1
3	231	M13	Sebastjans ZIGARKOVŠ	LČ sprints Isā distance: 250m + 10km	4:31.9 (2)	5:04.0 (1)	14:47.0 (3)	23:13.1 (3)		24:04.8 (3)	24:49.4 (3)			36:28.2	2:58.7
4	209	M13	Kārlis VĪTIŅŠ	LČ sprints Isā distance: 250m + 10km	5:15.2 (5)	5:55.2 (4)	14:49.5 (5)	24:00.9 (4)		24:54.3 (5)	25:25.3 (4)			36:39.8	3:10.3
5	214	M13	Kaspars JUBELIS	LČ sprints Isā distance: 250m + 10km	5:07.8 (4)	6:01.6 (5)	14:48.6 (4)	24:02.0 (5)		24:54.1 (4)	25:42.6 (5)			37:17.0	3:47.5
6	201	M13	Gustavs VĪKSNE	LČ sprints Isā distance: 250m + 10km	5:25.0 (6)	6:04.2 (6)	16:34.5 (6)	26:34.7 (7)		27:26.2 (7)	27:46.6 (6)			39:15.5	5:46.0
7	227	M13	Haralds MELĶERTS	LČ sprints Isā distance: 250m + 10km	6:01.4 (11)	6:45.5 (8)	16:42.9 (7)	26:31.2 (6)		27:24.0 (6)	27:50.2 (7)			41:07.6	7:38.1
8	229	M13	Guntis KUROŠS	LČ sprints Isā distance: 250m + 10km	6:00.6 (10)	6:57.1 (9)	17:14.1 (9)	26:37.8 (9)		27:38.1 (9)	28:28.5 (9)			41:17.1	7:47.6
9	217	M13	Kristers ZVIEDRIS	LČ sprints Isā distance: 250m + 10km	5:46.8 (7)	7:07.9 (10)	18:10.0 (10)	29:15.9 (11)		30:02.0 (10)	30:36.6 (11)			42:17.8	8:48.3
10	230	M13	Dairis ĻEDOVSKOJ	LČ sprints Isā distance: 250m + 10km	5:59.7 (9)	6:40.4 (7)	16:44.4 (8)	26:35.6 (8)		27:35.2 (8)	28:17.4 (8)			42:25.6	8:56.1
11	226	M13	Tomass MATUSEVIČS	LČ sprints Isā distance: 250m + 10km	6:09.3 (12)	7:13.0 (11)	18:22.2 (11)	29:07.2 (10)		30:05.1 (11)	30:35.6 (10)			42:33.3	9:03.8
12	206	M13	Dāvis ZARIŅŠ	LČ sprints Isā distance: 250m + 10km	6:54.5 (14)	8:33.4 (13)	19:17.7 (13)	29:50.5 (12)		30:41.4 (12)	31:08.0 (12)			43:05.6	9:36.1
13	204	M13	Teodors SALTAIS	LČ sprints Isā distance: 250m + 10km	7:45.3 (15)	8:42.6 (14)	19:46.1 (14)	30:33.9 (14)		31:27.7 (14)	31:59.4 (14)			47:25.9	13:56.4
14	202	M13	Emīls ZVIRBULIS	LČ sprints Isā distance: 250m + 10km	5:59.1 (8)	7:46.9 (12)	19:00.9 (12)	30:04.6 (13)		31:07.9 (13)	31:45.7 (13)			49:16.8	15:47.3
15	219	M13	Jēkabs ĶIRNIS	LČ sprints Isā distance: 250m + 10km	9:57.9 (16)	12:49.4 (16)	25:35.9 (16)	38:33.2 (16)		39:18.3 (16)	39:42.6 (16)			51:34.9	18:05.4
16	242	M13	Arje AFANASJEVS	LČ sprints Isā distance: 250m + 10km	6:53.0 (13)	8:48.0 (15)	21:02.5 (15)	33:59.4 (15)		35:00.0 (15)	35:47.7 (15)			52:10.2	18:40.7

Disqualified (1)

224	M13		Kristaps JOJA	LČ sprints Isā distance: 250m + 10km											
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M15

1	216	M15	Rainers ZVIEDRIS	LČ sprints Isā distance: 250m + 10km	5:21.8 (5)	6:11.1 (4)	14:32.1 (1)	22:31.7 (1)		23:17.3 (1)	23:46.4 (1)			33:17.8	
2	233	M15	Aleksandrs AKULA	LČ sprints Isā distance: 250m + 10km	4:56.8 (2)	6:02.6 (3)	14:44.6 (2)	23:07.4 (2)		23:54.5 (2)	24:26.1 (2)			35:15.1	1:57.3
3	211	M15	Andriāns BULKO	LČ sprints Isā distance: 250m + 10km	4:29.7 (1)	5:30.9 (1)	14:46.6 (4)	23:10.7 (3)		23:55.6 (3)	24:37.4 (4)			35:58.1	2:40.3
4	223	M15	Mikuss JANSONS	LČ sprints Isā distance: 250m + 10km	4:58.8 (3)	5:34.3 (2)	14:45.6 (3)	23:11.4 (4)		24:02.3 (4)	24:32.7 (3)			36:38.6	3:20.8
5	220	M15	Timurs KUKES	LČ sprints Isā distance: 250m + 10km	5:25.5 (7)	6:21.1 (6)	16:33.5 (7)	26:25.6 (7)		27:13.2 (7)	27:38.3 (6)			39:00.3	5:42.5
6	212	M15	Toomas PAEJĀRV	LČ sprints Isā distance: 250m + 10km	5:21.1 (4)	6:19.4 (5)	16:01.1 (5)	25:45.0 (5)		26:46.8 (5)	27:41.5 (7)			39:16.9	5:59.1
7	215	M15	Artūrs Mikuss JURGENSONS	LČ sprints Isā distance: 250m + 10km	5:23.9 (6)	6:32.3 (7)	16:30.3 (6)	26:13.0 (6)		26:58.9 (6)	27:33.4 (5)			39:49.4	6:31.6
8	243	M15	Arsens BELAKOJTOVS	LČ sprints Isā distance: 250m + 10km	6:05.3 (8)	7:57.1 (8)	18:44.8 (9)	29:18.5 (9)		30:00.0 (9)	30:34.7 (9)			42:08.3	8:50.5
9	203	M15	Markuss MEDNIS	LČ sprints Isā distance: 250m + 10km	7:17.1 (9)	8:01.9 (9)	17:55.7 (8)	27:03.5 (8)		27:58.6 (8)	28:58.8 (8)			42:27.7	9:09.9
10	207	M15	Jānis RĪŽA	LČ sprints Isā distance: 250m + 10km	7:29.5 (10)	8:51.9 (10)	20:50.2 (10)	32:42.3 (10)		33:37.5 (10)	34:21.0 (10)			54:34.0	21:16.2

M17

1	149	M17	Artūrs LIEPA	LČ sprints: 750m + 20km + 5km	10:16.8 (1)	10:44.1 (1)	18:47.6 (1)	26:24.1 (1)	33:55.2 (1)	42:19.9 (1)	42:44.5 (1)	52:01.3 (1)		1h01:18.6	
2	134	M17	Daņiļa PROŠČINKO	LČ sprints: 750m + 20km + 5km	10:55.6 (3)	11:27.2 (2)	19:30.7 (2)	27:08.8 (2)	34:43.3 (2)	43:19.2 (2)	43:46.8 (2)	52:37.0 (2)		1h01:52.0	33.4
3	133	M17	Sandis KORNJENKO	LČ sprints: 750m + 20km + 5km	10:55.5 (2)	11:29.3 (3)	19:31.4 (3)	27:09.5 (3)	34:44.0 (3)	43:20.4 (3)	43:47.5 (3)	54:02.9 (3)		1h04:23.5	3:04.9

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
4	128	M17	Francis Daniels VEĢERIS	LČ sprints: 750m + 20km + 5km	12:00.0 (4)	12:51.0 (4)	22:21.9 (4)	30:48.3 (4)	39:18.1 (4)	48:43.4 (4)	49:13.8 (4)	1h00:18.2 (4)		1h11:33.6	10:15.0
5	138	M17	Armands PETAŠKO	LČ sprints: 750m + 20km + 5km	13:54.8 (5)	15:05.6 (5)	24:10.6 (5)	32:44.8 (5)	41:00.2 (5)	50:07.6 (5)	50:48.4 (5)	1h01:45.7 (5)		1h13:43.3	12:24.7
6	238	M17	Henrijs VĀRAVS	LČ sprints: 750m + 20km + 5km	17:13.9 (8)	19:39.6 (8)	28:53.0 (8)	37:15.4 (8)	45:39.9 (8)	54:44.9 (7)	55:12.9 (6)	1h09:18.1 (8)		1h22:25.9	21:07.3
7	139	M17	Aleksejs LAIDINENS	LČ sprints: 750m + 20km + 5km	14:05.1 (6)	15:22.1 (6)	25:04.3 (6)	34:18.8 (6)	43:40.7 (6)	54:35.2 (6)	55:44.5 (7)	1h08:32.4 (6)		1h22:38.0	21:19.4
8	157	M17	Emīls KAUFMANIS	LČ sprints: 750m + 20km + 5km	17:40.6 (9)	20:00.7 (9)	29:02.7 (9)	37:19.3 (9)	45:42.2 (9)	55:04.8 (8)	56:01.6 (8)	1h09:00.4 (7)		1h23:19.2	22:00.6
9	112	M17	Matīss Toms JURGENSONS	LČ sprints: 750m + 20km + 5km	14:44.1 (7)	15:51.3 (7)	26:05.1 (7)	35:46.2 (7)	45:12.7 (7)	55:25.2 (9)	56:12.2 (9)	1h09:51.0 (9)		1h24:50.1	23:31.5

M19

1	106	M19	Krišjānis ŠICS	LČ sprints: 750m + 20km + 5km	14:24.5 (1)	15:25.3 (1)	24:08.9 (1)	32:46.3 (1)	49:19.4 (1)	50:10.1 (1)	50:49.8 (1)	1h03:19.4 (1)		1h16:17.5	
2	127	M19	Rinalds CELMS	LČ sprints: 750m + 20km + 5km	15:37.6 (2)	16:53.7 (2)	27:13.9 (2)	37:20.4 (2)	57:19.5 (2)	58:07.9 (2)	59:00.2 (2)	1h13:23.9 (2)		1h28:49.2	12:31.7

Did Not Start (1)

140	M19	Dāvis KRAUKLIS	LČ sprints: 750m + 20km + 5km												
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M60

1	225	M60	Raimonds GARENČIKS	LČ sprints Isā distance: 250m + 10km	5:10.2 (1)	5:45.4 (1)	14:43.9 (1)	23:50.0 (1)		24:45.9 (1)	25:25.5 (1)			39:01.7	
2	240	M60	Roberts DRĀKE	LČ sprints Isā distance: 250m + 10km	6:19.1 (3)	8:03.7 (3)	27:02.9 (6)			27:57.6 (3)	28:34.9 (2)			40:30.1	1:28.4
3	228	M60	Pēteris SEROVS	LČ sprints Isā distance: 250m + 10km	7:50.4 (5)	8:57.8 (4)	18:14.8 (3)	27:01.0 (2)		27:56.4 (2)	29:08.2 (3)			41:34.4	2:32.7
4	349	M60	Andris BUKONTS	Tautas triatlons: 250m + 10km + 2.5km	5:28.6 (2)	6:30.5 (2)	17:51.4 (2)	28:46.4 (3)		29:53.4 (5)	30:17.0 (4)			42:40.5	3:38.8
5	241	M60	Arnolds MIKELSONS	LČ sprints Isā distance: 250m + 10km	7:28.5 (4)	9:29.0 (5)	19:54.4 (4)	28:48.9 (4)		29:47.0 (4)	30:56.9 (5)			44:27.3	5:25.6
6	221	M60	Vilis MEDNIS	LČ sprints Isā distance: 250m + 10km	10:42.2 (6)	11:56.4 (6)	22:10.7 (5)	32:04.5 (5)		33:17.7 (6)	34:07.6 (6)			50:48.3	11:46.6

M9

1	414	M9	Eduards EIHMANS	LČ Jaunieši: 100m + 3km + 500m	2:38.7 (1)	3:23.3 (1)				10:58.2 (1)	11:31.6 (1)			14:00.5	
2	404	M9	Andžejs JIRGENSONS	LČ Jaunieši: 100m + 3km + 500m	2:43.9 (2)	3:29.4 (2)				12:47.9 (2)	13:24.7 (2)			15:58.9	1:58.4
3	415	M9	Ervins FILOVS	LČ Jaunieši: 100m + 3km + 500m	2:51.7 (3)	4:03.0 (3)				13:10.6 (3)	13:40.5 (3)			16:05.8	2:05.3

Did Not Start (1)

411	M9	Sandis OZOLIŅŠ	LČ Jaunieši: 100m + 3km + 500m												
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MO

1	339	MO	Sandis EISLERS	Tautas triatlons: 250m + 10km + 2.5km	6:36.8 (6)	7:43.1 (5)	16:10.4 (2)	24:14.1 (1)		25:03.7 (1)	25:49.7 (2)			36:47.7	
2	335	MO	Ģirc TREIGUTS	Tautas triatlons: 250m + 10km + 2.5km	5:31.9 (1)	6:01.1 (1)	15:42.5 (1)	24:18.5 (2)		25:15.0 (2)	25:46.2 (1)			37:36.6	48.9
3	337	MO	Kaspars STAŅA	Tautas triatlons: 250m + 10km + 2.5km	7:00.1 (9)	8:03.2 (7)	16:54.0 (5)	25:57.8 (5)		26:46.1 (5)	27:30.2 (5)			37:40.7	53.0
4	338	MO	Kristiāns STAŅA	Tautas triatlons: 250m + 10km + 2.5km	7:14.7 (12)	8:26.7 (12)	17:30.4 (7)	26:36.3 (8)		27:30.3 (9)	27:55.2 (8)			38:39.9	1:52.2
5	320	MO	Dzintars HARKINS	Tautas triatlons: 250m + 10km + 2.5km	7:15.1 (13)	8:00.9 (6)	16:44.8 (4)	25:32.2 (4)		26:30.5 (4)	27:36.6 (7)			38:59.9	2:12.2
6	303	MO	Roberts UŽĀNS	Tautas triatlons: 250m + 10km + 2.5km	6:37.6 (7)	8:09.7 (9)	17:35.4 (8)	26:34.9 (7)		27:29.4 (8)	28:10.8 (9)			39:15.5	2:27.8

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
7	325	MO	Aigars LOČMELIS	Tautas triatlons: 250m + 10km + 2,5km	6:04.0 (2)	7:12.6 (2)	16:55.6 (6)	25:59.6 (6)		26:50.7 (6)	27:17.4 (4)			39:52.6	3:04.9
8	301	MO	Helvijs BABRIS	Tautas triatlons: 250m + 10km + 2,5km	6:35.4 (5)	8:07.4 (8)	16:42.7 (3)	25:20.1 (3)		26:18.1 (3)	27:08.3 (3)			39:57.8	3:10.1
9	342	MO	Uldis LIEPA-LIEPIŅŠ	Tautas triatlons: 250m + 10km + 2,5km	8:54.6 (30)	9:50.7 (24)	18:31.9 (15)	26:57.3 (9)		27:50.4 (10)	28:12.4 (10)			40:02.4	3:14.7
10	328	MO	Māris BOGDANOVS	Tautas triatlons: 250m + 10km + 2,5km	7:00.7 (10)	8:10.5 (10)	26:03.1 (30)			26:53.7 (7)	27:34.8 (6)			40:23.7	3:36.0
11	311	MO	Uldis VELPS	Tautas triatlons: 250m + 10km + 2,5km	7:32.1 (18)	8:49.8 (16)	18:19.4 (12)	27:25.2 (10)		28:14.4 (12)	28:45.0 (11)			41:01.9	4:14.2
12	315	MO	Viesturs DŪZIS	Tautas triatlons: 250m + 10km + 2,5km	6:29.7 (4)	7:27.1 (4)	17:41.4 (9)	28:05.4 (13)		28:58.4 (15)	29:36.9 (14)			41:27.6	4:39.9
13	306	MO	Aigars SAVICKIS	Tautas triatlons: 250m + 10km + 2,5km	7:30.3 (17)	8:45.0 (14)	18:20.7 (13)	27:27.2 (11)		28:21.2 (13)	29:21.2 (13)			41:38.8	4:51.1
14	312	MO	Renārs SUTRIS-ADJĀNS	Tautas triatlons: 250m + 10km + 2,5km	6:43.7 (8)	8:31.2 (13)	18:18.8 (11)	27:43.4 (12)		28:45.6 (14)	30:30.7 (15)			41:58.7	5:11.0
15	331	MO	Artis KALNIŅŠ	Tautas triatlons: 250m + 10km + 2,5km	7:25.9 (15)	9:09.6 (18)	18:17.2 (10)			28:03.7 (11)	28:46.4 (12)			42:15.8	5:28.1
16	317	MO	Valdis FILOVS	Tautas triatlons: 250m + 10km + 2,5km	7:16.8 (14)	8:47.5 (15)	28:38.6 (31)			29:31.9 (16)	30:36.1 (16)			42:18.9	5:31.2
17	329	MO	Normunds LANGINS	Tautas triatlons: 250m + 10km + 2,5km	7:34.9 (19)	9:06.5 (17)	19:23.5 (18)	29:11.3 (16)		30:04.9 (19)	30:37.9 (17)			42:22.4	5:34.7
18	302	MO	Kārlis BRIKMANIS	Tautas triatlons: 250m + 10km + 2,5km	7:27.8 (16)	9:28.0 (21)	19:14.1 (17)	29:07.5 (15)		30:01.2 (18)	31:33.5 (21)			42:37.0	5:49.3
19	324	MO	Mīks MEŽVĒVERS	Tautas triatlons: 250m + 10km + 2,5km	8:29.3 (28)	10:05.3 (27)	20:14.7 (21)	29:47.7 (18)		30:35.8 (21)	31:08.7 (20)			42:50.4	6:02.7
20	341	MO	Vitālijs ŽUSELIS	Tautas triatlons: 250m + 10km + 2,5km	7:13.5 (11)	8:23.7 (11)	18:44.4 (16)	28:44.0 (14)		29:52.7 (17)	30:40.3 (18)			42:55.3	6:07.6
21	316	MO	Uvis ŠULCS	Tautas triatlons: 250m + 10km + 2,5km	6:12.0 (3)	7:22.6 (3)	18:28.2 (14)	29:16.5 (17)		30:09.0 (20)	30:43.2 (19)			43:14.5	6:26.8
22	321	MO	Jurijs ŠČETIŅINS	Tautas triatlons: 250m + 10km + 2,5km	7:53.0 (22)	9:12.8 (19)	20:22.2 (22)	31:27.6 (24)		32:25.7 (28)	32:52.4 (27)			44:18.8	7:31.1
23	313	MO	Vairis KRONBERGS	Tautas triatlons: 250m + 10km + 2,5km	7:37.2 (21)	10:07.3 (28)	20:42.7 (24)	31:09.1 (23)		31:58.1 (27)	32:33.6 (25)			45:03.6	8:15.9
24	333	MO	Jānis ŠTEINBERGS	Tautas triatlons: 250m + 10km + 2,5km	8:30.9 (29)	9:30.3 (22)	19:51.4 (19)	30:09.5 (19)		31:08.6 (22)	32:34.4 (26)			45:16.9	8:29.2
25	318	MO	Patriks REIMANIS	Tautas triatlons: 250m + 10km + 2,5km	8:04.9 (25)	9:33.8 (23)	20:05.8 (20)	30:27.3 (20)		31:20.9 (23)	32:02.8 (22)			45:30.6	8:42.9
26	309	MO	Māris PURIŅŠ	Tautas triatlons: 250m + 10km + 2,5km	8:23.8 (27)	10:21.2 (30)	20:27.5 (23)	30:33.7 (21)		31:28.6 (24)	32:26.1 (23)			45:36.7	8:49.0
27	344	MO	Rolands MEDNIS	Tautas triatlons: 250m + 10km + 2,5km	8:11.6 (26)	10:08.3 (29)				31:53.2 (26)	32:32.5 (24)			46:02.7	9:15.0
28	336	MO	Jānis ALENCIKS	Tautas triatlons: 250m + 10km + 2,5km	8:03.5 (24)	9:58.6 (26)	21:26.9 (27)	32:29.9 (25)		33:25.0 (29)	33:58.7 (29)			47:00.6	10:12.9
29	308	MO	Mārtiņš PRIEDĪTIS	Tautas triatlons: 250m + 10km + 2,5km	7:36.6 (20)	9:57.4 (25)	21:19.2 (26)	32:39.3 (26)		33:30.0 (30)	34:06.7 (30)			48:10.4	11:22.7
30	347	MO	Roberts ŠULCS	Tautas triatlons: 250m + 10km + 2,5km	11:32.9 (33)	14:33.3 (33)	24:32.7 (29)	34:28.9 (27)		35:33.8 (31)	37:31.0 (31)			50:55.8	14:08.1
31	307	MO	Ilmārs TUPMACIS	Tautas triatlons: 250m + 10km + 2,5km	9:31.3 (32)	11:12.8 (32)	21:16.0 (25)	30:58.0 (22)		31:46.7 (25)	32:54.1 (28)			51:51.0	15:03.3
32	319	MO	Jānis AUGSTKALNS	Tautas triatlons: 250m + 10km + 2,5km	9:26.4 (31)	11:11.0 (31)	24:20.3 (28)	37:32.3 (28)		38:24.7 (32)	38:49.3 (32)			52:49.4	16:01.7
33	330	MO	Zanis VASILJEVS	Tautas triatlons: 250m + 10km + 2,5km	7:55.1 (23)	9:23.3 (20)	29:06.6 (32)	38:47.5 (29)		39:50.9 (33)	41:36.0 (33)			56:28.5	19:40.8

Did Not Start (3)

326	MO	Dāvis BAJĀRS	Tautas triatlons: 250m + 10km + 2,5km
343	MO	Artūrs BEIŠA	Tautas triatlons: 250m + 10km + 2,5km
348	MO	Vilnis PRIEDĪTIS	Tautas triatlons: 250m + 10km + 2,5km

Did Not Finish (1)

340	MO	Dāvis ZAĶIS	Tautas triatlons: 250m + 10km + 2,5km
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Disqualified (1)

334	MO	Jānis RIŽA	Tautas triatlons: 250m + 10km + 2,5km
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Stafete Half-IM

1	83	Stafete Hc	TAK TEAM	Stafete Half-Ironman: 1,9km + 90km +	26:47.7 (1)	27:12.1 (1)	1h33:40.8 (1)	2h43:10.0 (1)		2h43:10.0 (1)	2h43:34.5 (1)	3h12:44.5 (1)	3h45:05.0 (1)	4h18:39.1	
2	84	Stafete Hc	Nitrometāns	Stafete Half-Ironman: 1,9km + 90km +	26:58.4 (2)	27:29.7 (2)	1h42:14.4 (2)	3h00:30.0 (2)		3h00:30.2 (2)	3h00:59.0 (2)	3h26:17.1 (2)	3h52:49.8 (2)	4h19:42.7	1:03.6
3	88	Stafete Hc	DTC JAUNĪBA	Stafete Half-Ironman: 1,9km + 90km +	27:48.4 (3)	28:16.5 (3)	1h45:17.8 (3)	3h07:05.0 (5)		3h07:05.5 (4)	3h07:32.9 (4)	3h34:27.9 (3)	4h03:10.2 (3)	4h32:00.4	13:21.3

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
Grupa: F / Distance: LČ sprints: 750m + 20km + 5km															
1	121	F	Baiba MEDNE	LČ sprints: 750m + 20km + 5km	12:24.1 (2)	13:06.8 (2)	22:17.9 (1)	30:44.8 (1)	39:15.1 (1)	48:43.9 (1)	49:10.5 (1)	59:25.5 (1)		1h10:20.3	
2	103	F	Amanda Marie ĀGŪSTSDŌTTIR	LČ sprints: 750m + 20km + 5km	12:30.7 (3)	13:04.1 (1)	22:21.1 (3)	30:47.0 (2)	39:17.5 (3)	48:50.0 (3)	49:33.1 (3)	1h00:25.3 (2)		1h12:02.4	1:42.1
3	109	F	Daniela LEITĀNE	LČ sprints: 750m + 20km + 5km	13:14.9 (4)	14:03.6 (4)	23:03.5 (4)	31:49.8 (4)	40:44.4 (4)	50:05.5 (4)	50:36.1 (4)	1h01:40.4 (4)		1h13:15.0	2:54.7
4	148	F	Agnese Patricija OZOLA	LČ sprints: 750m + 20km + 5km	12:22.7 (1)	13:10.1 (3)	22:20.4 (2)	30:47.6 (3)	39:16.0 (2)	48:48.3 (2)	49:23.4 (2)	1h01:26.6 (3)		1h13:31.8	3:11.5
5	108	F	Elizabete BLŪMENTĀLE	LČ sprints: 750m + 20km + 5km	19:23.3 (5)	20:41.8 (5)	30:49.0 (5)	40:34.5 (5)	50:20.9 (5)	1h01:23.6 (5)	1h02:28.3 (5)	1h13:54.9 (5)		1h26:17.3	15:57.0
6	120	F	Madara GAVARE	LČ sprints: 750m + 20km + 5km	21:06.5 (6)	23:12.7 (6)	35:19.1 (6)	47:08.1 (6)	59:10.2 (6)	1h11:51.0 (6)	1h12:44.1 (6)	1h14:15.5 (6)		1h39:42.2	29:21.9
7	126	F	Kristīne ŠPATE	LČ sprints: 750m + 20km + 5km	25:20.5 (7)	27:16.1 (7)	37:57.1 (7)	49:00.4 (7)	1h00:09.7 (7)	1h12:10.4 (7)	1h13:27.2 (7)	1h30:43.2 (7)		1h48:51.6	38:31.3

Did Not Start (1)

147	F	Madara ŠNEIDERE	LČ sprints: 750m + 20km + 5km
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Grupa: F40 / Distance: LČ sprints: 750m + 20km + 5km

1	146	F40	Ieva PŪCE	LČ sprints: 750m + 20km + 5km	14:00.8 (1)	14:49.0 (1)	24:11.6 (1)	32:53.7 (1)	41:52.6 (1)	51:52.5 (1)	52:38.5 (1)	1h05:01.3 (1)		1h18:05.6	
2	151	F40	Linda KATLAPA	LČ sprints: 750m + 20km + 5km	15:52.3 (3)	17:31.6 (3)	27:54.3 (2)	37:31.9 (2)	47:30.0 (2)	58:48.5 (2)	59:35.9 (2)	1h11:43.8 (2)		1h24:57.0	6:51.4
3	102	F40	Ilze KRIEVIŅA	LČ sprints: 750m + 20km + 5km	22:45.2 (4)	24:13.8 (4)	34:44.9 (3)	44:56.7 (3)	54:46.5 (3)	1h05:48.5 (4)	1h06:55.4 (4)	1h20:05.4 (4)		1h33:15.0	15:09.4
4	111	F40	Diāna ROŽKALNE	LČ sprints: 750m + 20km + 5km	14:42.0 (2)	16:07.8 (2)	37:33.6 (4)	47:38.4 (4)	58:34.5 (4)	59:41.8 (3)	1h00:41.0 (3)	1h19:28.6 (3)		1h40:07.6	22:02.0
5	152	F40	Linda KORNETE	LČ sprints: 750m + 20km + 5km	27:18.7 (5)	29:31.2 (5)	41:44.5 (5)	53:19.1 (5)	1h05:07.4 (5)	1h17:53.5 (5)	1h18:50.7 (5)	1h33:32.8 (5)		1h48:59.5	30:53.9

Did Not Finish (1)

114	F40	Jana JANSONE	LČ sprints: 750m + 20km + 5km
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Grupa: M40 / Distance: LČ sprints: 750m + 20km + 5km

1	137	M40	Viktors ŽIGAROVŠ	LČ sprints: 750m + 20km + 5km	11:22.4 (1)	12:07.7 (1)	21:19.7 (1)	29:53.5 (1)	38:20.8 (1)	47:13.2 (1)	47:40.9 (1)	57:22.4 (1)		1h07:25.9	
2	123	M40	Aleksejs DEMKO	LČ sprints: 750m + 20km + 5km	14:12.5 (4)	15:17.5 (4)	24:09.9 (4)	32:45.8 (3)	40:59.5 (3)	50:00.8 (2)	50:29.1 (2)	1h01:07.0 (2)		1h11:41.6	4:15.7
3	170	M40	Vjačeslavs ŽUNDA	LČ sprints: 750m + 20km + 5km	15:51.2 (6)	16:49.0 (6)	26:01.9 (5)	34:31.0 (4)	42:58.4 (4)	52:25.0 (4)	53:05.2 (4)	1h02:42.8 (4)		1h12:25.4	4:59.5
4	124	M40	Germans JAKUBOVŠKIS	LČ sprints: 750m + 20km + 5km	12:52.7 (2)	13:32.1 (2)	23:07.4 (3)	31:51.9 (2)	40:51.7 (2)	50:18.4 (3)	51:07.8 (3)	1h02:09.3 (3)		1h13:54.4	6:28.5
5	107	M40	Mihails PALADIJS	LČ sprints: 750m + 20km + 5km	13:16.8 (3)	14:20.6 (3)	23:06.7 (2)	39:30.5 (13)	52:42.9 (14)	54:00.8 (5)	54:48.3 (5)	1h08:21.1 (5)		1h19:48.0	12:22.1
6	166	M40	Māris LŪSIS	LČ sprints: 750m + 20km + 5km	17:47.9 (12)	18:52.6 (9)	28:03.0 (8)	36:55.3 (8)	45:58.4 (10)	56:09.1 (10)	57:29.5 (10)	1h09:08.0 (8)		1h20:56.9	13:31.0
7	158	M40	Uldis KAUFMANIS	LČ sprints: 750m + 20km + 5km	17:53.0 (13)	19:45.6 (13)	29:01.3 (13)	37:18.4 (10)	45:39.2 (8)	54:52.7 (7)	55:38.4 (6)	1h08:32.1 (7)		1h21:38.0	14:12.1
8	150	M40	Tonijs LEITĀNS	LČ sprints: 750m + 20km + 5km	16:11.1 (7)	17:22.3 (7)	26:48.0 (7)	35:57.9 (5)	45:10.5 (5)	55:01.1 (8)	55:43.4 (7)	1h08:27.1 (6)		1h21:38.7	14:12.8
9	122	M40	Arkādījs REIMANIS	LČ sprints: 750m + 20km + 5km	17:42.3 (11)	19:26.4 (12)	28:36.1 (10)	37:14.6 (9)	45:37.8 (7)	55:19.1 (9)	56:51.1 (9)	1h10:00.5 (10)		1h23:01.9	15:36.0
10	160	M40	Aigars MATISOVS	LČ sprints: 750m + 20km + 5km	17:32.4 (10)	19:10.0 (10)	28:04.4 (9)	36:32.9 (6)	45:11.4 (6)	54:48.5 (6)	55:53.5 (8)	1h09:26.8 (9)		1h23:25.2	15:59.3
11	164	M40	Aivars MOZULIS	LČ sprints: 750m + 20km + 5km	14:27.8 (5)	16:09.0 (5)	26:35.5 (6)	36:42.9 (7)	45:41.7 (9)	56:31.4 (11)	57:54.3 (11)	1h11:08.9 (11)		1h24:40.2	17:14.3
12	171	M40	Aleksandrs SEROVŠ	LČ sprints: 750m + 20km + 5km	17:31.5 (9)	18:31.2 (8)	28:50.6 (11)	39:02.6 (12)	49:21.5 (12)	1h00:21.6 (13)	1h01:08.2 (13)	1h13:32.0 (13)		1h25:54.5	18:28.6
13	104	M40	Dainīšs BĒRZIŅŠ	LČ sprints: 750m + 20km + 5km	17:05.5 (8)	19:25.7 (11)	28:52.7 (12)	37:42.9 (11)	46:26.0 (11)	57:04.9 (12)	58:25.0 (12)	1h12:28.8 (12)		1h26:41.1	19:15.2
14	116	M40	Andris ROZENTĀLS	LČ sprints: 750m + 20km + 5km	19:27.4 (14)	20:57.5 (14)	31:24.6 (14)	41:30.3 (14)	51:48.1 (13)	1h03:18.4 (14)	1h04:52.9 (14)	1h20:37.0 (14)		1h37:42.5	30:16.6

Rank	Bib	Grupa	Name	Distance	IN1 (Rank)	OUT1 (Rank)	BIKE1 (Rank)	BIKE2 (Rank)	BIKE3 (Rank)	IN2 (Rank)	OUT2 (Rank)	RUN1 (Rank)	RUN2 (Rank)	Time	Gap
Grupa: M50 / Distance: LČ sprints: 750m + 20km + 5km															
1	155	M50	Vladimirs KUZMENKO	LČ sprints: 750m + 20km + 5km	13:38.2 (1)	14:18.6 (1)	23:08.3 (1)	31:53.7 (1)	40:42.6 (1)	50:00.2 (2)	50:32.1 (2)	1h01:21.4 (1)		1h12:20.8	
2	125	M50	Toms PIKŠĒNS	LČ sprints: 750m + 20km + 5km	14:14.9 (2)	15:32.7 (2)	24:09.6 (2)	32:09.2 (2)	48:03.6 (6)	49:01.0 (1)	49:57.8 (1)	1h02:46.0 (2)		1h15:32.1	3:11.3
3	159	M50	Deniss GORBA	LČ sprints: 750m + 20km + 5km	17:22.2 (3)	18:34.1 (3)	27:53.3 (3)	36:36.3 (3)	45:33.0 (2)	54:53.8 (3)	55:27.4 (3)	1h06:48.2 (3)		1h18:50.2	6:29.4
4	113	M50	Olafs KĒŅĪS	LČ sprints: 750m + 20km + 5km	18:06.0 (6)	19:37.1 (6)	28:54.5 (5)	37:16.1 (4)	45:36.4 (3)	55:08.0 (4)	56:10.9 (4)	1h08:23.8 (4)		1h20:41.1	8:20.3
5	172	M50	Vladimirs ZASPENKO	LČ sprints: 750m + 20km + 5km	19:15.7 (7)	20:45.7 (7)	29:58.6 (7)	39:12.3 (7)	47:54.9 (5)	58:33.4 (5)	59:40.0 (6)	1h13:00.4 (5)		1h26:03.3	13:42.5
6	142	M50	Hugo BARKER	LČ sprints: 750m + 20km + 5km	17:35.8 (4)	19:12.2 (5)	28:55.6 (6)	38:24.7 (6)	48:22.1 (7)	59:22.3 (7)	1h00:21.2 (7)	1h15:07.0 (6)		1h30:33.7	18:12.9
7	110	M50	Agris ŠĪPKOVŠ	LČ sprints: 750m + 20km + 5km	17:59.1 (5)	18:55.2 (4)	28:06.7 (4)	37:30.4 (5)	47:34.2 (4)	58:47.2 (6)	59:36.3 (5)	1h15:55.0 (7)		1h34:23.2	22:02.4

Did Not Start (1)

174	M50	Tomass BRANSON	LČ sprints: 750m + 20km + 5km												
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Timing